

CVSL Coach Information for Fall 2022





AYSO Philosophy





Players Must Be Registered

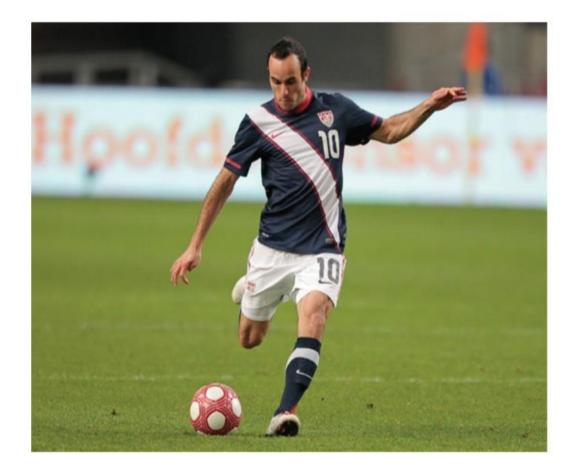
- May not recruit non-AYSO registered players for games
- May not include non-AYSO registered players for practices



American Youth Soccer Organization



We Don't Keep Score



DEVELOPMENT OVER WINNING

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"One of my biggest pet peeves is youth team coaches who take winning too seriously. This has always bothered me and I always tell coaches to forget about winning with young players.

They need to create an environment where the kids enjoy playing and are developing their soccer skills. Winning should never be a priority. "

-Landon Donovan, AYSO Alumni



Set Expectation Level

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Remind parents that CVSL is a league of 900 kids, 102 teams – run by volunteers. A huge undertaking every year. Expectation levels should be set accordingly.



Team Pages

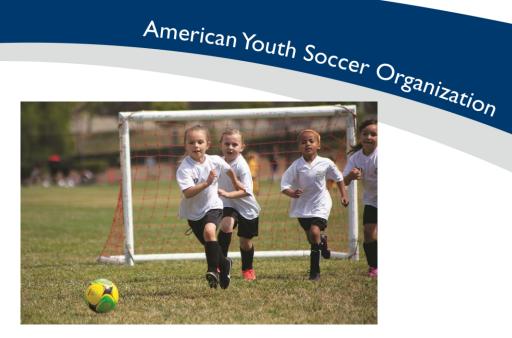
American Youth Soccer Organization

Team Staff access their Team Pages via the Volunteer tab within their account:

Welcome back, Clark Gonzales! Your email address is testcoach@yahoo.com.				
≡	≙ Logout	Register Novel 0 🏋 🦧 🌣		
	My Volunteer Roles	Back FIND VOLUNTEER BOLLS		
	Clark Gonzales - Head Coach			
	Details Visit m Page			
MY ORDERS				
MESSAGES				
STORE STORE				
C3 HOME				



Fall Items



- First Games Saturday September 10th
- Last Day of Games October 22nd
- Game Schedules should be ready by next Wednesday September 1st





Rules – Key Points

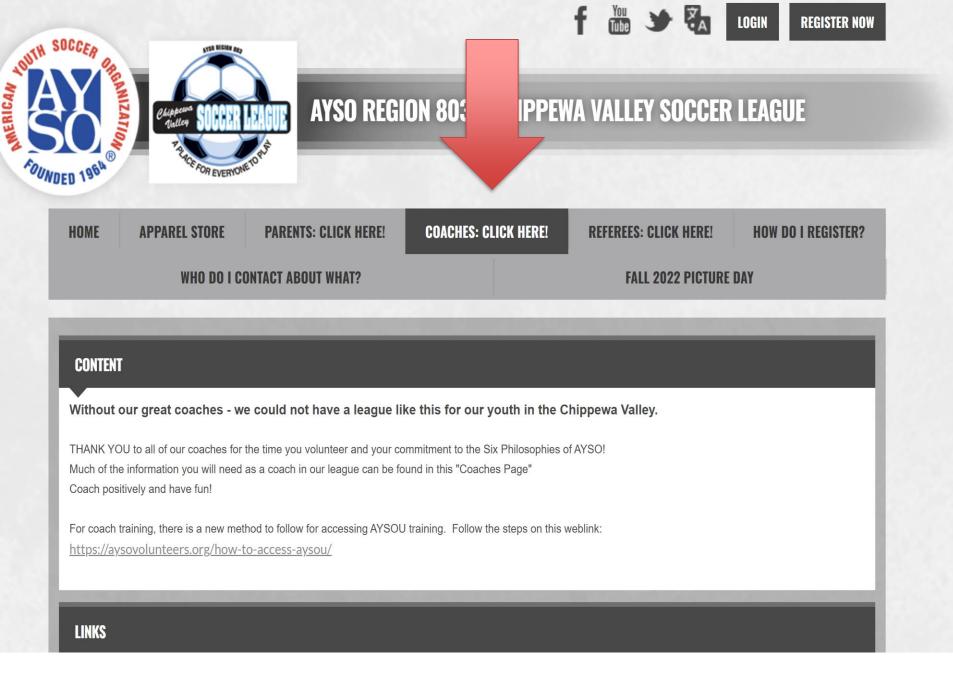
- Ball in and out of play
 - -U6/U7 try to limit stoppage
 - -Throw in technique not important
- Coaches on the field only at U6
- Substitution Rule free substitution, but strongly encourage substitutions at quarter breaks





Rules – Key Points

- No Goal Keepers U6, U7, U8
- Parents at opposite side of field U8 and older
- No Offside Rule enforced until UI2
- No Slide Tackling UI0 and younger safety
- No Talking to Referees



Training Requirements for All Head Coaches and Assistant Coaches

There are several training requirements of all Head Coaches and Assistant Coaches in AYSO.

- Safe Haven Online
- Age Specific Online Coach Training
- New Coach Orientation for all new Head Coaches and Assistant Coaches

Online Training Courses at AYSOU

Once you complete the volunteer process as a coach, you will have access to the AYSOU training site. AYSO has moved to a single sign-on process. Here are instructions to access your AYSOU training site:

https://aysovolunteers.org/how-to-access-aysou/

Go into the Training Library and select your course:

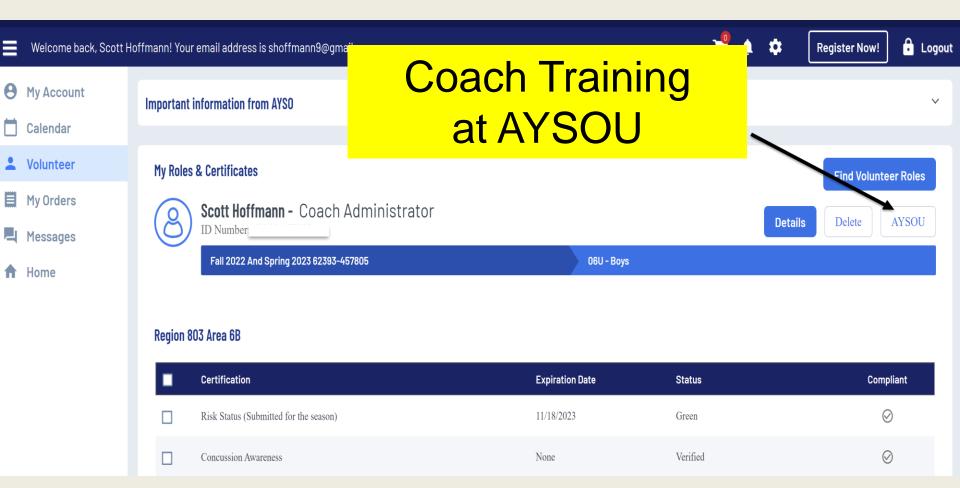
Course Categories





Safe Haven

Coaching





Practice Time





Practice Fields

- City owned areas are free to use. First come first serve basis. Can not reserve.
- Eau Claire School District Sites are not free and must be reserved by our league for your use.



PRACTICE FIELD AVAILABILITY Fall 2022

AYSO Region 803 has the following fields available for practice use this Fall 2022. Other organizations, school and sports programs may also be using Parks & Rec sites, please share the green space with others. ECASD fields are reserved for AYSO use. The first day of practice may be August 29 (weather and field conditions permitting)

PARKS & REC SITES STARTING AUGUST 29

Lakeshore	Demmler Park	McDonough Park	Buffington
Boyd Park	Cameron Park	Sundet	
Oakwood Hills Park	Pinehurst Park	Kessler	
Newell	Mitscher	Zephyr Hill	

ECASD SCHOOL SITES STARTING SEPTEMBER 6

a. Northwoods Elementary Field 1 and the surrounding green area Monday, Wednesday & Thursday, 4:30 pm – 8:30 pm

b. Manz Elementary

Field 1 and the surrounding green area Monday, Tuesday & Thursday, 4:30 pm – 8:30 pm

c. Sherman Elementary

Field 1 and Field 2 and the surrounding green area Monday, Tuesday & Thursday, 4:30 pm – 8:30 pm

d. Lakeshore Elementary

Field 1 and the surrounding green area Monday, Tuesday, Thursday, 4:30 pm – 8:30 pm (No practice September 15th due to school use)

e. Meadowview Elementary

Field 1, Field 2 and Field 3 and the surrounding green area Monday, Tuesday, Wednesday, Thursday, 4:30 pm - 8:30 pm (No practice October 4th due to school use)

f. Robbins Elementary

Field 1 and the surrounding green area Monday, Tuesday, Wednesday, Thursday, 4:30 pm – 8:30 pm



Game Time



1. FIELD OF PLAY (see diagram)

2. THE BALL

Size 5	U14 & up
Size 4	U9 thru U12
Size 3	U8 & below

3. NUMBER OF PLAYERS

U6 **4 per side,** no goalkeeper, no referee.

U7&U8 4 **per side**, no goalkeeper.

U9&U10 7 per side which includes a goalkeeper

U11&U12 9 per side which includes a goalkeeper

U14 & up 11 per side which includes a goalkeeper.

4. PLAYER UNIFORMS

Uniform will consist of a jersey, shorts, socks, shin guards (covered by socks), and footwear. The player shall not wear anything that is dangerous to another player (jewelry, casts, improper footwear). The goalkeeper shall wear colors that distinguish him/her from the other players and from the referee. Casts (hard or soft) are <u>not</u> allowed in either games or practice.

5. **Referees**

One referee shall be appointed to officiate each match for ages U8 and older. The referee is responsible for control of the game and his/her decisions are final. Registered parents who have taken the referee/linesperson clinic will be asked to act as referee on the field if an official referee is not available.

6. LINEPERSONS

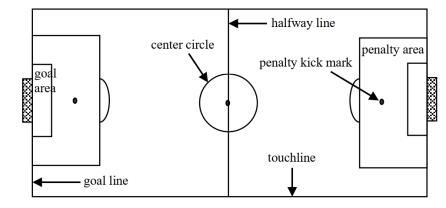
Two linespersons assist the referee by indicating when the ball leaves the field of play and, in such circumstances, which team is entitled to the ball. For most league games, one linesperson is to be provided by each team from parent volunteers.

7. DURATION OF THE GAME

The duration of the game shall be two equal periods of time as shown in the following table, unless otherwise mutually agreed upon by the referee and both coaches. At halftime, the interval shall not exceed five minutes except by consent of the referee. Quarter breaks will be called at U10 and younger age groups. For U12 and up, quarter breaks will be called if desired and agreed upon by the referee and both coaches.

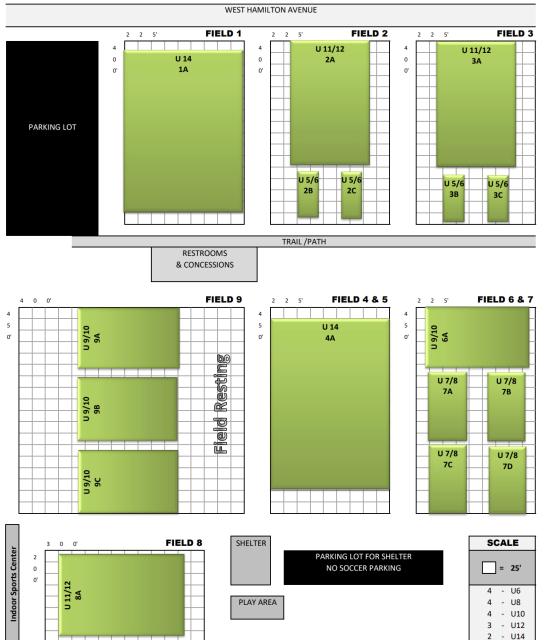
U14 & Up	35 minute halves	U7 & U8	20 minute halves
U11 & U12	30 minute halves	U6	15 minute halves
U9 & U10	25 minute halves		

8. THE START OF PLAY



SOCCER PARK LAYOUT - Fall 2022

Aug 29 - Oct 30



Check Anchoring of Goals Before Games

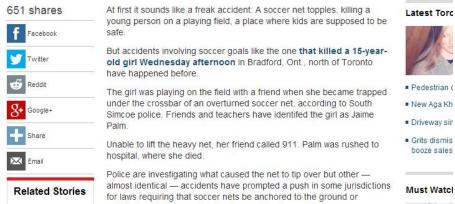
Soccer goal deaths: This has happened before

U.S. website says soccer nets have caused 38 deaths since 1979

CBC News Posted: Jul 31, 2014 10:52 AM ET | Last Updated: Aug 01, 2014 1:30 AM ET



Ontario girl, 15, dies after soccer net accident 1:49



Jaime Palm death

Must Watch switched out in favour of safer, tip-proof designs.

If you find goal is not properly anchored, contact me and do not play your game



Rules and Regulations: Heading the Ball

I. HEADING THE BALL

1. Consistent with the U.S. Soccer mandates on heading the ball, heading is banned for all division players U-11 (U-12 and below for programs without single age divisions) and below in both practices and games. Chippewa Valley Soccer League does not have a U11 Division – therefor heading is banned at the U12 and below divisions in the Chippewa Valley Soccer League.

Heading for players in U-14 is limited to a maximum of thirty (30) minutes per week with no more than 15-20 headers, per player. There is no restriction on heading in matches.

An indirect free kick will be awarded to the opposing team if a player age 10 or younger, deliberately touches the ball with his/her head during a game.



"Joy Sticking" During Games

- Joysticks are used to control computer games.
- In soccer, the term is used to refer to a coach who constantly yells out instructions to his players.



"GO! GO!" "RUN!" "PASS!!" "SHOOT!!"



American Youth Soccer Organization **Recommended** Approach

- Relax
- Smile
- "Well Done!"
- Enjoy the Game
- Have Fun!











League Rules for Parents

All families received a general information sheet at registration. CVSL regrets having to start the season with a list of rules, but here they are anyway. Please read them thoroughly so that this soccer season can be successful and stress-free for everyone.

- **Do not allow any child or adult to hang from goals or nets.** If you see anyone hanging on or trying to hang on the goals, please instruct them to stop immediately. You may be saving their life or preventing a serious injury by doing so.
- No Dogs (no matter how big or small) are allowed at any CVSL game or practice or at Soccer Park. This is for the safety and comfort of all spectators and players.
- Please be considerate of residents that live near soccer fields and do not block their mailboxes, block driveways, park in their driveways or lots or use driveways as turnarounds.
- No Smoking or alcohol is allowed at CVSL games or practices.
- No Earrings, hair beads, hard barrettes or other jewelry shall be worn during soccer games. If your child's ears were recently pierced, please do not show up with tape over the earrings or expect the referee to make an exception to the rule. Take the earrings out in the privacy of your home, not on the soccer field.
- Do not communicate with referees during a game unless you have something positive to say. It is challenging to referee a soccer game, and many of our referees are developing their skills at the same time your child is developing their soccer skills. It is essential that we retain our referees too many have quit in the past because they we berated by a parent or coach.
- Please stop any child that you see kicking the dirt or digging with their feet, especially in front of goals. This bad habit creates dangerous holes on the field that can cause injuries.



Contract roadin soccer Organization Soccer Organization

- Running up scores
 - Strive for balanced teams not always successful
 - Want everyone to have positive experience both teams
 - Find a way to "pull back"..... possible ideas:
 - Strongest player(s) on defense
 - Encourage players to continue passing
 - No shots within the penalty area
 - At the discretion of the "winning" coach to make determination when lead is large enough to "pull back"



American Youth Soccer Organization



Hi Fives Post Game





Support Our Referees



Game Rescheduling Information

Game rescheduling has always been a difficult process for our league, primarily due to the coordination effort required to do so. Here is the process for coaches to follow:

1) Reschedule only if you know in advance that you will not have enough players to field a team

2) You are allowed to "borrow" a player from another team. Let the Coach Administrator know in advance of this via email.

3) Contact the other coach to let him/her know you will be short players. Ask the other coach if they have enough subs to loan players to you throughout the game.

4) If no other options to fill your team out for a game – look to reschedule.

Contact our Game Scheduler Jessica Pederson at <u>Schedule@ayso803.org</u> to begin the process.



CONTENT

Fall 2022 Team & Individual Pictures will be photographed by Sharp Photo!

Picture Day will be held on two Saturday's, September 17th and 24th, from 7:30am - 1:30pm in the grass area on the corner of Craig Road and Hamilton Avenue.

Team & Individual pictures will be photographed simultaneously.

Please have your team arrive 10 - 15 minutes early to your scheduled picture time.

Coaches - Please Sign-Up for a scheduled Picture Day time slot. You will find the Sign-Up Genius Link below.

Parents - Please print the Picture Order Form below and fill out prior to Picture Day.

Thank you all for another successful start to another Season!

AYSO Region 803 Chippewa Valley Soccer League



Miscellaneous Stuff

• Hold your equipment after the fall season for the spring season.



• Equipment boxes at soccer park.



Miscellaneous Stuff

- New Referee Rates:
- U7/8: \$20 (up from \$12)
- U10: \$25 (up from \$15)
- U12: \$32 (up from \$18)
- U14+ (center): \$45 (up from \$35)
- U14+ (sideline): \$15 (up from \$10)

Referee Administrator:

Joe Ripienski joseph@ripienski.com





Field Lining Link

	HOME	APPAREL STORE	PARENTS: CLICK HERE!	COACHES: CLICK HERE!	REFEREES: CLICK HERE!	HOW DO I REGISTER?
WHO DO I CONTACT ABOUT WHAT?				FALL 2022 PICTURE DAY		

CONTENT

The AYSO philosphies regarding youth soccer apply not just to players and coaches, but to parents as well!

Please review the items in the list below to understand expectations of parents in AYSO soccer.

To register, click on "Create Account" or "Login" in the upper right corner. Fall 2022 - Spring 2023 Season Registration will open on May 3rd!

ALC: U.S. 101

LINKS

- Help Volunteer by Lining Fields! Sign-Up Here!
- What Happens After I Register My Child for Fall 2022 & Spring 2023?
- Everything You Need to Know About The Fall 2022 Spring 2023 Season
- Parents Rules To Abide By While At Soccer Park
- No Joysticking!
- Kid Zone Plan
- League Game Play Rules
- AYSO Return to Play Release Form
- CDC Concussion Information
- Fall 2022 Field Layout
- <u>Special Request Form</u>

THANK YOU COACHES! PLEASE COACH AGAIN NEXT YEAR – WE NEED YOU!





Be Positive, Make it Fun and Have Fun!!





